



Sarah Grounds

ARTIST

PROFILE

Innovative artist with an extensive portfolio, spanning from fine art work to documentary work with a strong community art ethos. A great deal of experience working with people from all backgrounds. Commissioned by various ecological businesses and charities, to create Photo Essays for their websites and social media.

EXHIBITIONS

- 2025 Arcadia - Cardiff Made, Cardiff (Group Show)
- 2024 Look What You Did – Stiwdio Griffith, Swansea (Group Show)
 Perfectly Strange – Mission Gallery, Swansea (Group Show)
 Tir – Stiwdio Griffith, Swansea (Three Person Show)
 Deep Time – Stiwdio Griffith, Swansea (Two Person Show)
 Mash Up - Alex, Swansea (Group Show)
 Swansea Showcase – Volcano Theatre, Swansea (Group Show)
 Persephone Rising – 54 The Gallery, London (Group Show)
- A Different View, Studio Made, Denbigh (Group Show)
- 2023 Links - Orchard Street Gallery, Swansea (Solo Show)
 Portal – Llantarnam Grange, Wales (Group Show)
 Overly Blueish - Copeland Gallery, London (Group Show)
 Urban Foundry Exhibition - Pop Up Wales, Swansea (Group Show)
 Exquisite Codes – Bla-Bla Projektraum, Berlin (Group Show)
 Hagitude – 54 The Gallery, London (Group Show)
 Change The Picture – FemLens, Online (Group Show)
 Overly Blueish - Dynevor, Swansea (Group Show)
 Swansea Open – Glynn Vivian, Swansea (Group Show)

CONTACT

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EDUCATION

**University of Wales, Trinity
Saint David, Swansea College
of Art**
*BA in Documentary Photography
and Visual Activism (2020- 2023)*
First Class

MA Contemporary Dialogues
(2023-2025)
Distinction

RELEVANT SKILLS

Adobe Photoshop
Adobe Premier Pro
Adobe InDesign
Adobe Lightroom
Studio Lighting

OTHER SKILLS

Languages; English and French
Carpentry Skills

2022

It's My Life - The House of Smalls, Online (Group Show)

City and the Sea – Taliesin Arts Centre, Swansea (Group Show)

Reaction – Creative Bubble, Swansea (Group Show)

Unbound – Swansea College of Art, Swansea (Group Show)

Selfies-Women in Photography – Royal Photographic Society, Online (Group Show)

Shadows – The House of Smalls, Fronteer, Chester (Group Show)

The Time of Her Life II – The House of Smalls, Fronteer, Chester (Group Show)

The Anxiety of Interdisciplinarity – Island Venue, Bristol (Group Show)

Studio Practice – Stiwdio Griffiths, Swansea (Group Show)

Nostalgia – D31 Art Gallery, Doncaster (Group Show)

Real Utopias, Photo Fringe, Worthing (Group Show)

BBA Photography Prize, Kuhlhaus, Berlin (Group Show)

The Shadow and The Light – Water Street Gallery, Todmorden (Group Show)

The Time of Her Life – The House of Smalls, Online (Group Show)

2021

This Volatile State – The House of Smalls, Online (Group Show)

Mirror, Mirror on the Wall – The House of Smalls, Online (Group Show)

Swansea Open - Glynn Vivian, Swansea (Group Show)

Y Farchnad Gelf – Swansea Market, Swansea (Group Show)

Soft Anatomy – Volcano Theatre, Swansea (Group Show)

PRIZES

Contemporary Arts Society Wales Student Award 2024

Alan Whatley Award 2023

Sybil Crouch Award 2023

BBA Photography Prize 2022 – One Shot Award Winner

COMMISSIONS & PUBLICATIONS

Music, Dance and Performance background.

Ecological Expert

PROFESSIONAL EXPERIENCE

Product Photographer
2004-2020

Self-Employed,
England and France

Vast experience photographing diverse products for sale on the internet. Website design, advertising, social media and customer relations

Outreach Artist

2023-Present

Swansea College of Art UWTSO

Running photography based workshops for various ages and levels.

Ladle – Riotess Magazine

2024 Artist Feature - Glynn Vivian Newsletter

Swansea Positive – Main photographer for new local paper.

1 Year Residency at Swansea College of Art

2023 1 week Residency at Orchard Street Gallery, Swansea

A.N. Degree Show Guide

Artist Feature – Art Etcetera Magazine

Dirty – Sique Magazine

Swansea Bid – Photograph and interview residents of Swansea for their website and social media.

2022 Cerebra Charity – Lifestyle and product images of Children with Special Needs and equipment. For use in their brochure and website

Metamorphosis – Haus a Rest, Zine

Womanhood - Artists Responding To...Magazine

Body – Pretence Magazine

2021 Mulch Organic, Photo Essay for their website

EKopy, Photo Essay for their website 'How to make a Solar Water Heater'

Welsh Heritage Jazz Archive, Documenting artifacts

